## **NEED EVEN MORE RESOURCES?**

- American Endurance Ride Conference—click on the Education Tab for lots of great information <a href="https://www.aerc.org/#">https://www.aerc.org/#</a>
- Eastern Competitive Trail Ride Association (ECTRA). ECTRA hosts Competitive Trail Rides (CTRs) up and down the East Coast. CTRs are timed events where riders compete against themselves. ODEEO rides are sanctioned with them. -- <a href="https://www.ectra.org/">https://www.ectra.org/</a>
- Ride & Tie <u>www.rideandtie.org</u>
- Green Beans. The Green Bean Endurance Challenge is an awards program for new and aspiring endurance riders. All members have fewer than 1,000 career Limited Distance and Endurance miles from the parent organization, the American Endurance Ride Conference. https://greenbeanendurance.org/
- More about Electrolytes <a href="https://www.distanceriding.org/electrolyte-essentials-a-brain-dump/">https://www.distanceriding.org/electrolyte-essentials-a-brain-dump/</a>
- Endurance Introspection <a href="https://enduranceintrospection.com/wp/">https://enduranceintrospection.com/wp/</a>
- Perseverance Endurance Horses—A Simple Method of Conditioning the Endurance Horse:

https://perseveranceendurancehorses.wordpress.com/2012/10/17/endurance-training/