



Old Dominion News

February 2009

33715 Snickersville Turnpike Bluemont, VA 20135 • www.olddominionrides.org

Prepare for the 2009 Ride Season at Spring OD Training Events

If one of your New Year's resolutions includes tackling the Old Dominion Ride in June, the Old Dominion Endurance Rides, Inc. is offering three events you can use to prepare:

On **March 14**, experts in various areas of horse health and fitness will share their wisdom at a day-long seminar to be held at Blueberry Hill in Vienna (same location as last year's event).

On **April 11**, the No Frills 30/55 and Ride and Tie events will be held using John and Ann Crandell's farm in Star Tannery, off Rt 55 west of I-81, as basecamp. This is a chance to ride some of the same trail that will be used for the June ride.

Finally, on the weekend of **May 9-10**, the OD will be hosting training rides out of the new June ride basecamp in Orkney Springs. This will give you and your horses a unique chance to pre-ride even more of the trail for the June ride.

After the 25/55/100 ride on **June 13**, the OD will be hosting a ride & tie clinic on **July 25-26** for all you who want learn more about this unique, team-oriented sport.

Registration forms for the above events are online at www.olddominionrides.org. ♦

Crandell, Worthington Compete at President's Cup

The President of the United Arab Emirates endurance ride is set for Saturday, February 14, 2009 at the Endurance Village in Al Khatem, Abu Dhabi. Known as the President's Cup, the 160 kilometer/100 mile event is organized by the UAE Equestrian and Racing Federation.

Riders from other countries are competing on an invitation-only basis, with Jan Worthington of Illinois and **John Crandell** of Virginia representing the United States. OD member **Lisa Green** will be crewing for Crandell, who is competing aboard LR Jasuur Malika, the full sister to Lisa's mare Amana Tabi (both were sired by Bold Soldier; see page 3 for more Bold Soldier offspring available from Long Run Farm.) ♦



John Crandell on Motyf at the 2008 No Frills Ride, photo by Hugh McDonald. Visit www.theviewfromhugh.com for more photos from Old Dominion events. The 2009 No Frills Ride is April 11 and the pre-entry discount ends March 30.



Riders at a Nov. 1, 2008 endurance event in Abu Dhabi. What could be more different than OD trails?!

Calling all Volunteers for June 13

Old Dominion Endurance Rides, Inc. events depend heavily on volunteers because of the logistical challenge of running a ride on National Forest Service land and with vet checks outside of basecamp. Over the years, a corps of dedicated and knowledgeable folks have always been there to meet this need, and we are eternally grateful for their efforts.

Volunteering is a great opportunity for those new to the sport to learn about it firsthand, and we especially need extra volunteers for the June 13 OD ride since we have to staff six separate holds. Please plan around this date so you can help out. Contact Mary Howell at 804.932.9328 or countshiloh@gmail.com to sign up. Thank you! ♦

Holiday Party Recap

This year's Holiday Party was held at the Holiday Inn Leesburg on December 13. As part of the General Membership Meeting, the members elected 2009 officers and three new members of the board of directors: **Karen Wickens, Jenny Jones and Lenora Keener**. Many thanks to each for being willing to serve!

Susan Trader helped make the setting interesting as well as festive with colorful scrapbooks and photo boards of OD faces and places from the current year and years past. With help from **Lisa Green, Nancy Smart, Kathy Walsh** and **Amanda Taylor** of "Taylored Tack," the OD's annual Silent Auction was very successful, raising a total of **\$2,355**. **Judie Ricci** was top bidder on the single highest bid item, a boxer puppy donated by Lisa Green.

Tom Sayvetz of Asgard Arabians shared with attendees the poignant story of the 2009 raffle horse, Provenance, and her early life.

As in years past, horse and rider teams who completed all three OD rides in 2008 were recognized with "Triple Crown" awards. Finally, the OD store managed by **Sam Austin** was open for a flurry of Christmas gift shoppers.

Nancy Smart and **Joe Selden** have already lined up a great location for the 2009 Holiday Party, at the new Holiday Inn in Front Royal, and are working to keep the price affordable. Mark your 2009 calendars for December 12 and make plans to attend! ♦

Old Dominion Board of Directors

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2009 Old Dominion Board Meetings and Organized Events

Old Dominion Members are welcome to attend monthly meetings, which are normally held at 6:30 pm on the second Saturday of each month at the M.A.R.E. Center in Middleburg. Here is the 2009 schedule, with meetings at other locations noted:

March 14 - Endurance Seminar at Blueberry Hill; board meeting at same location in Vienna following the seminar
April 11 - No Frills 30/55 Endurance Ride and Ride & Tie events
April 18 - board meeting at the M.A.R.E. Center
May 9/10 - guided training rides from Orkney Springs basecamp; board meeting/potluck supper after Saturday training ride
June 13 - Old Dominion 25/50/100 Endurance Ride
June 27 - board meeting at the M.A.R.E. Center
August 8 - board meeting at the M.A.R.E. Center
September 12 - board meeting at the M.A.R.E. Center
October 10 - board meeting at the M.A.R.E. Center
October 23/24 - Fort Valley 25/50 2-day Endurance Ride
November 14 - board meeting at the M.A.R.E. Center
December 12 - OD Holiday Party, Holiday Inn Front Royal

OD MEMBER PROFILE: Karen Wickens



**Karen Wickens on "Red Dog Dan" at the 2008 Fort Valley Ride; photo by Hugh McDonald
 More OD photos at www.theviewfromhugh.com**

When did you get involved with the Old Dominion Endurance Rides?

I started with the June ride in 2004, during a time of change in my life, which resulted in my taking over the management of a local barn with a small herd. I had gotten away from horses for many years, and the previous barn manager suggested I contact the OD to as a way to get to know other horse folks here in the Shenandoah Valley. What a difference this organization has made in my life! I have met SO many wonderful people from all over the place, and it's enabled me to reconnect with folks from my early days riding in Southern Maryland, where I grew up.

What is your current role with OD? Until this winter, served as a volunteer, starting with timing, then graduating to P&R's and finally as a station head. I was elected to the Board of Directors at the Annual Meeting in December, and last fall, had the distinct pleasure of being able to compete for the first time. What an experience that was! I competed in the 30 mile ride at Ft Valley on Saturday, in ALL THE RAIN!

What do you do for a living? I work as an IT Analyst for Fairfax Circuit Court. With that said, we do more than the typical IT folks in this environment. Not only do I support the typical computer equipment, but I also have to support professional grade multimedia equipment such as audio and video, so my job remains a mental and physical challenge. I have always loved a challenge, but this makes finding time to get conditioning in for a ride a real challenge with the 86 mile commute I have each day... But, we keep on going...

Where do you live? Do you own horses? I grew up in Charles County, Maryland, showing hunters and jumpers on the 4-H and MHSA show circuits as a teenager. After the birth of my daughter, I got away from the horse world until after she graduated from High School and joined the U S Air Force, which is when I found my way back. I have been living in Page County for the last 15 years. Living and riding here in the Shenandoah Valley is such a treat! I have access to 2 different trail heads that take us right up into Shenandoah National Park.

What do you do when you're not riding? I finally achieved a lifetime goal having a small place with horses. It limits my social and travel schedule, but I wouldn't have it any other way. My daughter Sam is a gem who shoulders most of the load of the barn because of my work schedule, and as a lot of OD folks already know, she does it with a smile! When I'm not riding I'm busy keeping up with the home place and recently added a goat or two to help on the weed control. I have been designing a website, a new endeavor for me, and have also been having fun with networking with friends on FaceBook. I can't wait for spring and longer days since with my commute, recent riding has been limited to days off and weekends. I CAN'T WAIT until I can start conditioning for my next ride! ♦

Want to be featured in an upcoming issue? E-mail your photo and answers to the above questions to countshiloh@gmail.com. We are also looking for great ride stories - please share your experience at OD rides!



Message From the OD President

Greetings OD members:
Here we are in the middle of winter and I'm sure many of us are looking forward to the start of a new ride season! Work has been underway for months on OD events, starting with our clinic on March 14. Bonnie Snodgrass has put together

an interesting program but there is a limit on attendance, so sign up early for this one. Plans for our No Frills Ride on April 11 are coming together and if you do not plan to ride we could use your help! Finally, Joe Selden and Nancy Smart have once again outlined plans for making our June ride a premier event. This year we will be hosting the AHA Region 15 Championship, which should bring additional excitement to this challenging ride.

As you can see much hard work and many hours are spent to insure that the Old Dominion continues to be a strong organization and a leader in the sport. Our efforts to improve the new basecamp continue with the addition of a gravel drive in the main parking area. This should eliminate the difficult time we had last year after the rain hit during the ride and created a sea of mud. Repairs on the barn roof have been completed. Donations to fund this work are still needed, so I would ask that those that have not contributed please consider a donation, no matter how small. I hope to see many of you at the AERC convention!

Regards,

Bob Walsh

Member Classifieds

Long Run Farm Arabians offers the following:

99 Bay Gelding: **Padrons Jedi** (Nonsuch Padron x AM Ali-cias Mist) \$9,000. Has completed 30 mile competitive ride & 2008 Ft. Valley 50 (08) Heraldic lookalike; previous training in dressage & eventing.

07 filly: **LR April Breeze** (Bold Soldier x Brown R Missy) \$5,000

06 filly: **LR Gasuur Aamira** (Bold Soldier x Brown R Missy) \$6,000

05 gelding: **DB Dust Storm** (Desert Jalam x LMS Desert Storm) \$7,000

01 mare: **LR Bold Myst** (Bold Soldier x GM Mystique)
Private Treaty

01 Gelding - **LR Bold Knight** (Bold Soldier x DMD Bays Stormi) Private Treaty

03 Gelding - **LR Bold Steel** (Bold Soldier x DMD Bays Stormi) \$7,500.

03 Gelding - **LR Bold Cody** (Bold Soldier x Brown-R Missy)
Private Treaty

99 16 hand Gelding - **LR Bold McCoy** (Bold Soldier x Brown-R Missy) Passported Dec. 07 - CTR - over 200 miles AERC record available; Private Treaty

Contact Linda Crandell at 410.867.0483; 410-533-3289; Linda.Crandell@verizon.net. Prices subject to change as events & training progress.

To have your classified ad included in the next issue, e-mail countshiloh@gmail.com or call 804.932.9328 ♦

OD Store Update

The OD store was a big hit at the OD Holiday Party! As OD store manager Samantha Austin prepares to place orders for new items. She welcomes your feedback on what to stock in the coming year. Contact Sam at 540.746.8614 or S.I.austin@comcast.net with your questions and suggestions. ♦

Forest Work Trip Volunteers Needed

The Potomac Appalachian Trail Club (PATC), Massarock Trail Crew, needs volunteers for week long work trips in the Lee Ranger District of George Washington National Forest. You can sign up for one or more of the four scheduled trips: June 14 - 19, June 21 -26, Sept. 13 - 18, Sept. 20 - 25

Over the past 20 years, this crew completed the building of the Massanutten Trail and is now building and maintaining trails in the George Washington National Forest. The work gives you an opportunity to give something back to the trails you use. For details, please visit the PATC web page at www.potomacappalachian.org. ♦

Chain Saw Certification Class Offered February 28-March 1

Chain saw certification is required in order to use this equipment in National Forest to help clear trail. A Forest Service chain saw certification class will be held the weekend of Feb. 28 - March 1 at the Lee Ranger District Office in Edinburg. Classes begin at 8 am; please contact OD board members Diane Hypes or John Proudman to register. We need more certified chain saw operators to help us keep our trail clear, so if you or anyone you know would like to take the certification class, please plan to attend! ♦

Trail Issues to Be Featured at March 7 VHC Annual Meeting

The Virginia Horse Council (VHC) is holding its Annual Meeting at Blue Ridge Community College Plecker Center in Weyers Cave on Saturday, March 7, 2009.

The educational portion of the seminar will be broken into separate tracks to include trails, equine health, marketing and 'hot topics' in the equine industry, with sessions running concurrently allowing attendees to mix and match topics according to their individual interests. Back by popular demand is the youth track offering a variety of hands on equine learning activities.

Rick Potts from the National Park Service is the keynote speaker. His talk "Passing the reins-engaging young adults as emerging leaders in the equestrian community" promises to get us thinking about how the equestrian community in Virginia could put on special events and programs that would develop Gen Y'ers as leaders to engage younger kids (and their parents) to get outdoors and have fun.

Other topics include sessions on acupuncture and chiropractics (by Doctors Mark Crisman & Christie Boyd), the unwanted horse issue (Pat Evans from Utah), results for the Virginia Trail Tourism survey (Sally Aungier), the statewide trails plan (Jennifer Wampler), Equestrian projects in state parks (Joe Elton), Trail access in the National Forest (Mark Miller), trail construction (Cheryl Watts), NAIS (Rick Odom), saddle fitting (Ann Mary Bettenson). Registration information has been posted at www.virginiahorsecouncil.org. ♦



Provenance • 2009 OD Raffle Horse

Here's Provenance, a promising young filly bred by Asgard Arabians, whose breeding program resulted in such accomplished horses as Heraldic, winner of the 2006 Old Dominion 100, 2006 Tevis and 2006 100-mile National Championship, and Theatric, ridden by U.S. endurance team member Kathy Brunjes. Tickets are \$10 each or 5 for \$40 and the drawing will be held at the Fort Valley Rides in October 2009 - you need not be present to win. For tickets, see a board member or add to your ride entry for any OD-sponsored ride this year. Thanks for your support! ♦

2009 OLD DOMINION MEMBERSHIP APPLICATION

Name: _____

Family Members: _____

(fill in for Family Membership only)

Address: _____

City: _____ State _____ Zip: _____

Phone: _____ Cell: _____

E-Mail: _____

(Please print clearly)

Annual Membership: Individual (\$25 – 1 vote) Family (\$35 – 2 votes)

Lifetime Membership: Individual (\$400) Family (\$500 – 2 votes forever)

My check is enclosed. Credit Card payment this year only Renew annually

(credit card only) Name on card _____

Card type: Visa MasterCard American Express Discover

Card # _____ Exp Date: (mo) _____ (yr) _____

Card 3-digit CID Code (found on back) _____

I would like to volunteer to help at rides clinics other events

I agree to uphold and adhere to the rules of the Old Dominion Endurance Ride, Inc.

Signature _____ Date: _____

Make checks payable to "Old Dominion Endurance Ride, Inc." Please send form and check or credit card information to:
Lani Newcomb - OD Membership
33715 Snickersville Turnpike
Bluemont, VA 20135
540.554.2004; 540.554.2285(f)
e-mail: give2bute@aol.com



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