



Old Dominion News

November 2009

33715 Snickersville Turnpike Bluemont, VA 20135 • www.olddominionrides.org

See You at the Dec. 12 Holiday Party!



Debbie Bader on Oreo received Best Condition in the Saturday Fort Valley Ride.

Fort Valley Ride Report

This year's Fort Valley endurance rides were held October 23-24, 2009 using Fitchetts Field as basecamp. Despite threatening skies, heavy rain held off. On Friday, 29 of 34 riders in the 50 mile ride and 15 of 17 riders in the 30 mile ride successfully completed. Two horse/rider teams suffered minor injuries during the challenging climb up Indian Grave near the end of the second loop. Scott Carroll on ATK Calypso was first to finish in the 55 and Myra Fleming's horse Vicktory Danse received Best Condition.

On Saturday, 22 of 37 horses completed the 50, perhaps reflecting the metabolic stress of the seesawing temperatures that day. In the LD, 23 of 28 riders finished. Lisa Green on Amana Tabi finished first in the 50 and Debbie Bader on her Appaloosa, Oreo Galaxy, received BC.

At the awards ceremony Saturday night, long-time OD member Betty DeMar Mueller, known for her wonderful handpainted turtle awards, won the Asgaard raffle filly Provenance.

A total of 17 horse and rider teams who completed at Fort Valley also earned the Triple Crown Award for completing all three OD-sponsored rides in the same year. ♦



Asgard raffle horse Provenance with ride manager Claire Godwin's husband Pete, chef extraordinaire for the weekend.

Check your mailboxes! Invitations to the Old Dominion's annual Holiday Party on Saturday, December 12 at the Blue Ridge Shadows Resort in Front Royal have been mailed. If you missed receiving an invitation and wish to attend, please contact Joe and Nancy Selden at longevityfarm@hughes.net or 301.934.3824 by December 5th. Tickets are \$45 per person.

This year, we will set up Silent Auction items mid-afternoon. See below for a partial list of items.

We're especially thankful to the Virginia-Maryland Regional College of Veterinary Medicine's Marion DuPont Scott Equine Center for donating a full soft tissue evaluation of your endurance horse's legs via ultrasound. These examinations pick up ligament strains in our athletes that can be treated before they become career-ending!

Members are encouraged to attend the General Membership Meeting, which gets underway at 5pm. A cash bar will be open from 6 until 11, with dinner and awards beginning at 7 pm. Bidding for Silent Auction Items will close at 8 pm

We'll again recognize Triple Crown winners, in which the same horse and rider team completes all three of OD rides offered each year in any combination of distances.

To reserve a room at the Holiday Inn Blue Ridge Shadows, call 540.631.3050 and ask for the OD discount. Please check out the list of Silent Auction items - and bring your checkbook!

It's not too late to donate items! If you have something a horse-oriented person might enjoy -- such as a massage or vacation accommodations, the OD needs and appreciates YOUR donations. E-mail longevityfarm@hughes.net with details. ♦



Old Dominion Silent Auction Items

Here is a partial list of items that have been donated for the OD Silent Auction:

- **Complete Equine Ultrasound Exam from the Marion duPont Scott Equine Medical Center** (a full soft tissue evaluation on all 4 legs, \$850 value) *minimum bid \$400*
- **Equine First Aid Kit** (\$90 *minimum bid*)
- **Ride Entry** to the following: Virginia Highlands, "Ride Between the Rivers" and Sand Hills (\$75 *minimum bid for each*)
- **Two Tickets** to a Performance at Arena State (\$50 *minimum bid*)
- **Handcrafted Wooden Saddle Rack** (\$50 *minimum bid*)
- **Embroidered Biothane Bridle** by Taylored Tack (\$185 *minimum bid*)
- **Full Shoeing** by Steve Heshman (\$60 *minimum bid*)
- **Six hours** of house painting services (\$75 *minimum bid*)
- **Tacky-Tack saddle pad** (\$10 *minimum bid*)
- **Handcrafted Wooden Saddle Rack** (\$50 *minimum bid*)
- **Bale Buddy Bag** (\$35 *minimum bid*)
- **Tom Dorrance** "Feel with the Horse" DVD (\$20 *minimum bid*)
- **Marie Weber's latest book - signed editions** (\$10 *minimum bid each*)
- **Bluemont General Store Gift Basket** (\$25 *minimum bid*)
- **Brown Egg-laying chickens/guinea hens** (\$10 *minimum bid each*)
- **Horse Fly Sheet** (\$10 *minimum bid*)
- **ASTM Riding Helmet** (\$10 *minimum bid*)



If you are unable to attend the party want to bid but, send a "sealed bid" to Mary Howell at countshiloh@gmail.com or fax 804.643.1033. We will open it the night of the auction and compare it to the highest bidder present to arrive at the winner. Be sure to specify which item(s) below you are bidding on!

2009 Old Dominion Triple Crown Winners

Rider	Horse	No Frills	Old Dominion	Fort Valley	Total Miles
Tom Hutchinson	Lazaarr	55	100	50	205
Julia Bianchi	Lady Monalaina	55	100	50	205
Meghan Delp	Fourmiles Kuna	55	100	50	205
Skip Kemerer	Samir Moniet	55	100	50	205
Kristin Waters Wise	BS See No Spots	55	100	50	205
Paula Brown	Electronic	30	100	50	180
Hunter Green (<i>junior</i>)	Gotcha Covered PW	55	55	50	160
Fran Williams	SS Yankee Clipper	55	55	50	160
Nicole Young (<i>junior</i>)	Piper	55	55	50	160
Andy Green	Dreamm Seeker	55	55	30	140
Karen Wade	WBF Soldiers Rose	30	55	50	135
Nick Irianni	DSA Altair	30	55	50	135
Georgia O'Brien	SBK Sasha's Treasure	30	55	50	135
Emily Richardson	Crimson Sage	30	25	30	85
Jennifer Supinger	Halylujah Gold	30	25	30	85
Debbie Bullis	Samargand	30	25	30	85
Julie Bullock	Apple	30	25	30	85

Each of the above riders will receive a special Triple Crown award and a \$25 credit towards 2010 Old Dominion ride entries. The following riders attempted but did not complete all three 2009 OD rides and will receive the \$25 credit:

Roberto Coppola on Show Biz Kid Peggy Thompson on HRA El Akhira Dana Reeder on Prince Sam
 Congratulations to everyone who took part in this year's Triple Crown!

OD MEMBER PROFILE: Lenora Keener

How did you get involved with the Old Dominion? I met longtime OD member Vikki Kingslien through a close friend. We went on a training ride together and although I had not ridden in many years, I was pleasantly surprised to keep my stirrups throughout the ride. Vikki and I became good friends and rode many miles together. She boarded her horses with me for many years until her move to South Dakota. I miss our long rides and equally long talks. Vikki introduced me to Jack Weber who has become a dear friend to my husband, Carl, and myself. And yes, I did buy raffle tickets from Jack, how could anyone resist his sales pitch! I have been an OD member 8 years and am currently a board member.

Where do you live? We've owned a 30-acre horse farm in Front Royal since 2001 and I have collected an eclectic mix of horses: two Belgians, one of which is almost 20 hands tall, two quarter horses (one can vote), a Swedish Warmblood (I was a dressage rider in the 80s), a spotted draft (he looks like a quarter horse on steroids), a Percheron/Morgan cross (our son's horse), and my current ride is a Tennessee Walking mare. I owned her mother in 1980! We also have one boarder. Of our eight horses, five were adopted. All barn cats and two of our four dogs were also adopted. The farm keeps us very busy since we take care of everything ourselves, even making our own hay.

Where did you work? I worked for the DEA for 32 years, retiring as an Intelligence Supervisor in 2004. I specialized in financial investigations, collecting and analyzing information to produce intelligence used to assist special agents and prosecutors in developing leads and probable cause resulting in the arrest, seizure and forfeiture of assets and prosecutions of major narcotic violators. High points of my career included testimony as the financial expert at the trial of the former dictator of Panama. I also taught blocks of instruction on money laundering, and still work for the Dept. of Justice part time.

What is an OD contribution you're proud of? I approached the OD board with an idea to raise money that would 1) not place a burden on limited resources, 2) not require upfront funds, and 3) benefit not only the OD but also riders. Everyone thought a horse item yard sale was a great idea and quickly made me the chief, cook and bottle washer. I was a little apprehensive but thanks to the generous donations from the vendors, riders and OD members the horse yard sale was a howling success (October humor), with nearly \$600 raised at the Fort Valley Ride. **Note: The next yard sale will be at No Frills in April. So clean out those tack rooms & let's have another successful sale!**

What other activities are you involved with? For many years I showed Dobermans in breed and obedience classes. If your dog did well in the obedience class, someone always had encouraging words. Or, if they did not do so well, they were willing to help with training suggestions. When I first began to volunteer at OD functions I found the same attitude. My husband Carl and I have 3 therapy dogs: Hannah, Abby, & Bodacious. The therapy program includes visiting nursing homes & participating in a program called books & barks. Children with special needs read to the dogs. I am also a Canine Good Citizen evaluator for the American Kennel Club. While life remains busy in semi-retirement, I look forward to my volunteer activities with the Waggin' Hearts Therapy Dogs and, of course, the Old Dominion! ♦

OD Member Profiles Needed: Want to be featured in an upcoming issue?
 E-mail information and electronic photo to Mary Howell, countshiloh@gmail.com.



Message From the OD President

Greetings OD members:
As we come to the end of another successful ride season, I would just like to thank the board members, ride managers, volunteers and everyone else who made our events the reason the Old Dominion is considered the best.

From our clinic in March, through the No Frills ride in April, our flagship ride in June and down to the Raffle Horse drawing and Fort Valley rides in October, each event a big success thanks to the hard work of so many people who care about this organization.

This year I had the opportunity of riding in a few of these events and must say that I have yet to find any ride that equals the feeling of an Old Dominion ride.

As I leave office and look back on all we have accomplished over the last two years. I feel we are on the right course for continued success and will continue to help in any way I can to make it better..

Regards,
Bob Walsh

Member Classifieds

Size 72 horse wardrobe. Rain sheet(green w/blue trim), fleece blanket liner(green), cotton sheet(green w/blue trim), waffle sheet(black/green), new green halter and matching lead line plus other gear including a rump rug, halter bridles, etc. Please contact April Dobson, april.dobson@fauquierbank.com.

New Wintec Close Contact Saddle – Black, 17.5", CAIR, adjustable gullet (gullet set and measurer included), slimline stirrup straps, new Korsteel stirrups, 52" elastic girth. \$500.00 for the complete package. april.dobson@fauquierbank.com.

For Sale: 15 acres in Wildersville, TN by Wrangler Campground and the Natchez Trace trail system. Brand new 40X60 metal building with 25X40 living quarters and the rest for stalls or trailer parking. Great retirement or starter home. Go to RE-MAX and enter Wildersville for a slide show or contact Mary Coleman, 814.448.2821 or caf@raystownwireless.net.

For Sale: Four year old chestnut/white registered tobiano paint mare that spent 8 weeks with professional trainer in 2007. \$2500 OBO. Email Janice Heltibridle, jheltibr@shentel.net or call 540-436-8367.

All aluminum "Ranch Hand" stock trailer. Can be used either as a 4 horse trailer or 2 horse trailer with a large tack area and a spacious bed. good condition, asking \$7,000. Zoe Soltenberger at zoe4dogs@shentel.net or 703 447 8636

Considerate Horse Hauling: Visit www.equinehauling.com or call Debbie Schultz at 267.664.2790.

Buy Southern States Feed? Save Those "POPs" & Help the OD

The Old Dominion participates in the Southern States "S.H.O.W." Program, which allows us to collect and submit the proof of purchase coupons from the side of each feed bag (or delivery receipts if you purchase feed in bulk). The Legends and Triple Crown feed POPs are worth 25 cents each and the Reliance POPs are worth 15 cents each. Please mail your POPs to:

Dana Abenathy
2935 N. Mount Pleasant Rd
Greenbrier, TN 37073.

It would help her save time (and postage!) if you trim them neatly and bundle with the total number indicated, but this is not necessary. The following members recently sent in enough to total over \$475 for the OD: Mary Howell, Dana Abenathy, Rosie Rollins, Sarah Sayre, Lisa Stanton and Lawrence Mann. Imagine how the totals will add up if more OD members start sending in POPs! ♦

In Memory of CBS Redman

Earlier this month, OD member Debi Gordon posted to endurance.net that her horse CBS Redman, who had won or placed high at many tough rides, including three consecutive Old Dominion 100s, had died on November 9.

Debi received back an outpouring of sympathy and memories from those who had known her horse firsthand. She replied, in part, "Thank you all for caring, for noticing and for remembering. At his last race, someone stopped by my trailer to look Redman over. This person had only heard about him and knew of him but had never actually seen him. She looked at me and said, "I thought he would be so much bigger." At first, it kind of pissed me off, but then I stopped to think...He was so talented, so extraordinary in his accomplishments and abilities, that he was simply bigger than life. It was really the ultimate compliment. And that was the day I decided to retire him. Thanks, everyone, for helping me say good bye." ♦

Amy Cieri of Cadence Farm invites riders to call in endurance supply orders in advance of rides she will be attending so she can have them on hand and save you on shipping costs! Visit Cadence Farm online at www.cadencefarmus.com or call 1.866.rhythmo

Experienced Endurance Horses: Royal Gal MA: 14yr old, 14'2 hand mare, perfect junior/ladies mount for a rider who is riding competitive LD/50s. \$5,000OBO; **XXXArch:** 13yr old, 15'2 gelding. Goes well alone/group or front/back. Looking to win 50s and move to FEI 100's? You Found Him! \$6,500. Contact Marisa Nottarnicola in Fredericksburg: mmnagf@aol.com or 540.455.4434.

To have your classified ad included in the next issue, e-mail countshiloh@gmail.com or call 434.906.1778.

A Cold Muddy Day in Kentucky

by Mary Howell

For months, my friend Lisa Green and I had been looking forward to the 2010 World Endurance Championship test event, held at the Kentucky Horse Park (KHP) on Wednesday, October 14. Lisa had been working closely with her vet & coach Jeannie Waldron to ensure her nominated mare, LR Amana Tabi, was in peak condition.

With Lisa's husband Andy, Jeannie and me delayed by work commitments, Lisa trailered out to Lexington by herself, caravanning with farrier Mustafi Tehrani, who was representing India on the Crandell's mare Melika (full sister to Amana). Andy drove out Monday night but airport delays meant Jeannie and I didn't arrive until Tuesday afternoon.

We played catchup all evening, hand walking Amana and making sure tack and gear were organized. Jeannie, who competed in some of the first World Endurance Championships back in the 1980s, shared tips such as attaching an EZ boot to the breast collar strap for quick access, using a strip of fleece for padding.

Andy stayed at KHP while the rest of us went to the hotel to try and sleep. On ride morning, I watched the forecast with trepidation before driving Lisa and Jeannie out to the barn. Before we tacked up, I took Amana out for one last pre-dawn graze in the field by the barns. As riders mounted, the cold rain began coming down harder.

I felt worried rather than excited for Lisa and Amana as they headed out into the gloom at 7:30am. But there was no time to lose. Assessing our rain gear, Jeannie offered to go to a nearby KMart and buy fisherman's yellow pants, coats and neoprene shoe liners. These items ended up being lifesavers! Meanwhile, Andy and I hauled a final batch of gear to the crewing area. Our tent was second in a long line and the Kanavy's crew leader, Teresa McCarty, organized areas for each of the six USA East horses.

As the loudspeaker blared reports of horses coming in from the first loop, we sloshed over to the timer area to meet Lisa, who was among the first 10 riders. Amana was untacked and blanketed.

Our first vet was a familiar face, Duane Barnett, but he and his wife Nina had difficulty getting a heart reading using the oversize handheld device that transmits heart rate to a monitor at FEI rides. During the trot out, I forgot that

I'd stuffed dry socks and clothes for Lisa in my shirt to keep them dry, so of course they fell out piece by piece down the trotting lane! Andy ran out and fetched them while I held Amana and Duane finished the exam.

Back at the hold, Amana ate enthusiastically while Lisa changed clothes and I worked on scraping mud off Amana's belly and legs rather than using cold water, since we wanted her to eat and relax as much as possible.

Since Amana chills easily, a rump rug was critical and fortunately we had several. The wind and rain became even more persistent as we waited by the in timer for riders coming off the second loop, standing with Amana's blanket wrapped around us to stay warm. Horses kept coming and finally we saw Lisa, who was easy to pick out in her yellow rain suit.

While Jeannie and Andy vetted Amana, I took a shivering Lisa to the portapotties to with another change of clothes. She said Amana stopped midway through the loop to eat grass before picking back up on pace, and was concerned the deep mud was demoralizing her horse. But Amana vetted through great and ate well, so back on trail they went.

The third loop was just 15 miles, but it seemed forever before our rider appeared. While waiting, we scattered bags of shavings to sop up the mud by the crew tent, to little effect. Lisa finally arrived and I led her back to our rig sit by the heater and warm up as she changed for the fourth time. We saw Linda Crandell who said they retired Melika because conditions were so bad. Lisa was thinking of doing the same, so I ran back to Andy and Jeannie, who said Amana again vetted through well. As we tacked up, Jeannie thought to check on the required FEI finish time now that the ride was shortened to 75 miles. It was then we realized that Amana would be unlikely to be able to cover the 20 miles in the just over two hours remaining, given the trail conditions. The frontrunners, including four of the USA East team horses, began finishing about then.

With dusk starting to fall, we began lugging our gear to the trailer. At the hotel, hot baths and pizza helped us feel better, and no one had trouble sleeping that night! Seeing Amana sound and happy the next morning confirmed that we made the right decision. I kept my USA East shirt but those mud-stained to-the-knees khakis got tossed! ♦



Hawk the Mighty Morgan Marches On...

by Mary Coleman

Since I have had some riders asking what happened to Hawk's stories, I thought I should write another.

In March 2008, Hawk had his first retirement party after he successfully earned 5,000 AERC miles and we became a decade team. (same horse, same rider at least one ride 10 years in a row).

We rested on our laurels for a while, then my boarder decided she wanted to try LDs. Since these are not true endurance, Hawk and me went with her to teach her the ropes.

There is something to be said for being "Done by One" which is now my new motto! We had so much fun we competed for over 200 miles and received yet another AERC jacket. By gosh this was the easiest jacket I ever earned no travelling all over the countryside to rack up points, no being up half the night finishing 100s ah yes I could get into this LD thing. Alas, at the end of the season Hawk was showing some wear and tear so he got retired yet again after the 2008 Fort Valley 30.

Since my boarder now got jacket fever I bought another horse. We both set out with a goal to compete 200 LD miles my boarder had no problem with this as she did all 3 days of the ride I ran in Pennsylvania(I only did one due to managing) so I was 2 rides short. Then I noticed a a ride in

Rhode Island in August. Hawk I am sure would like to have at least 18 states competed engraved on his tombstone, so off we went. Hawk carried a FW much to his relief since it was brutally hot and humid that weekend. Many horses fell by the wayside but because of all the years spent with a rather large Morgan I knew the ins and outs of cooling him down thus both horses finished with flying colors. My friend had so much fun riding Hawk she was willing to do it again, therefore we completed Fort Valley 30 surpassing the 200 miles I needed on the new horse.

Hawk climbed up and over Milford with great ease I doubt he needed ribbons to follow since well over 1.000 miles of his career were achieved in that valley. Once again the Mighty Morgan was unretired. In April he will turn 22 but he does not look or act his age so as long as he appears happy we shall keep on going on down the trails! Morgan Power! Mary C (p.s. thanks to all fans for asking about him!)

On another note once again I have volunteered (well sorta) to gather up the awards for the Old Dominion 100 and 50 mile rides. One of my goals is to NOT charge the ride for the awards therefore I need sponsors. Pick a division five in all in each ride and let me know at the Xmas party or better yet give me a check! ♦